

Covid-19 Resource List

April 23, 2020

Covid-19	
NYS Department of Health COVID-19 Hotline	(888) 364-3065
Westchester County United Way Covid-19 Hotline	Dial- 211
Westchester County Department of Health Resources	https://health.westchestergov.com/2019-novel-coronavirus
An online tool to help residents determine whether they should be in quarantine, isolation or exercise caution, depending on their potential exposure to COVID-19.	https://covideterminationtree.westchestergov.com/covidDeterminationTree/
Westchester County Covid-19 hotline for people under self-quarantine, or exposure to a known case	(866) 588-0195
Substance Use	
Westchester County’s Department of Community Mental Health- provides local substance use prevention and treatment programs, provides information and resources	Call- 914-995-1900 Text- 914-461-7281 8am-8pm, Monday-Friday https://mentalhealth.westchestergov.com/chemical-dependency
Regional Addiction Resource Center – provides regional information, resources and lists prevention, treatment, and recovery programs in Westchester, Putnam, Rockland, Dutchess, Orange, Sullivan and Ulster Counties.	http://fordrughelp.com
New York State Office of Addiction Services and Supports (OASAS) - provides information and access to prevention, treatment, and recovery services for alcohol and other substance use disorders and problem gambling.	https://oasas.ny.gov Call (877) 846-7369 or text HOPENY (467369) for help 24 hours a day
Medication-assisted treatment (MAT) for opioid use disorder , including buprenorphine Induction via telehealth	https://oasas.ny.gov/treatment/medication-assisted-treatment-telehealth
Find Treatment - a national listing of providers treating substance use disorders and mental illness.	https://findtreatment.samhsa.gov
Westchester Youth Clubhouse - provides social, academic and vocational support to youth in recovery.	Program is housed in the Yonkers YMCA, but has some virtual programming. Contact: Vincent Taliaferro, Dir., 914-963-0183 X 12 Vincentt@yoymca.org www.yoymca.org
Food Resources	
Feeding Westchester- provides food resources, meals and drive –through food distributions.	https://feedingwestchester.org/find-help/ 914.923.1100
New York State Hunger Prevention Nutrition Assistance Program (HPNAP)	First time applicants for HPNAP funding are eligible for a food line of credit through Feeding Westchester. Contact Winnie Bonamico for more information bnamico@feedingwestchester.org
Drive Through Food Pickup: Feeding Westchester has scheduled drive thru food distribution locations. To participate, individuals must complete the form on the website to participate.	To access the form please go to- https://info.feedingwestchester.org/drive-thru-food-distribution
Westchester County Schools Food Distribution Plan- breakfast and lunch meals are available to families at schools throughout Westchester. See website for locations and times.	https://www.westchestergov.com/home/all-press-releases/8330-westchester-county-schools-food-distribution-plan

Domestic Violence	
My Sisters' Place , provides outreach, and confidential supportive and legal services	24/7 HOTLINE: 800-298-7233 (SAFE)
Hope's Door- seeks to end domestic violence and to empower victims	1-888-438-8700
New York State Domestic Violence Hotline:	1-800-942-6906
NYS Child Abuse Hot Line	1-800-342-3720
Mental Health	
Westchester County's Department of Community Mental Health information, support and referral line. Resources and tips for coping with Covid-19	Call- 914-995-1900 Text- 914-461-7281 8am-8pm, M-F https://mentalhealth.westchestergov.com
National Alliance on Mental Health (NAMI) Westchester Trained staff answer calls and provide information about mental health resources in Westchester.	www.namiwestchester.org Call- 914-592-5458 Help Line, Monday-Friday 9am-2pm
New York State Office of Mental Health COVID-19 Emotional Support Line	(844) 863-9314 https://omh.ny.gov
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
CRISIS HELP: Westchester Prevention and Response Team Crisis Text Line	914-925-5959 24/7 phone coverage Text "Got5" to 741-741
The Bereavement Center – provides grief counseling to individuals and their families.	https://www.bcwtreehouse.org To make an appt.-914-787-6158 x317
Financial Resources	
The Bridge Fund is available to provide funding and respond to basic needs requests. For example- a family in need of covering their internet bill in order to have their children continue their academics, medication copays, utility bills, food, diapers, etc. Applicants need to complete the basic application- which if necessary can be done over the phone with one of our staff. Copies of identification, and documentation of the specific need will be required.	Grace Perry , Director, The Bridge Fund of Westchester 171 E. Post Rd., Suite 200, White Plains, NY 10601 Tel. (914)949- 8146, ext. 4, Fax. (914)949-1162 gperry@thebridgefund.org www.thebridgefund.org
Unemployment Insurance Relief During COVID-19 Outbreak: Contact the NYS Office of Unemployment	1-888-209-8124 https://applications.labor.ny.gov/IndividualReg/
Lifeline Assistance- a federal benefit program that helps fund communication services including phone and internet to families. (37 companies/carriers in NYS are offering this benefit)	https://oasas.ny.gov/system/files/documents/2020/04/assurance-wireless-program.pdf
Housing	
Westchester County Emergency Housing Services- If you are in need of immediate shelter	https://socialservices.westchestergov.com/homeless-services Call (914) 995-5938. Families seeking shelter after hours or during weekends should contact DSS Emergency Services at (914) 995-2099.
Warming/drop-in centers- for individuals seeking shelter are open and may be contacted directly.	Peekskill and Surrounding Area , Jan Peek Shelter: 914-736-2336, White Plains and Surrounding Area , Samaritan House Shelter (Female only facility): 914-948-3075, New Rochelle- Oasis Shelter-914-633-010, White Plains. -Open Arms Shelter (Male only facility): 914-948-5044